

In association with



Navigation Skills - Intermediate level

Course Duration: 2 days 9.00am – 5.00pm (these times can be adjusted slightly to suit each group).

Is it for me? This two-day course is designed for people who have a basic knowledge of navigation and wish to enhance their skills to a more confident level. This course is ideal for those who have attended our introductory level course or an equivalent.

Course Content:

- How to assess and choose a safe route, taking navigational and physical factors into account.
- Planning a route – use of way points; route cards.
- Accurately calculate timings and distance, using Naismith's and pacing.
- Reference points; hand railing; attack points; aiming off; use of slope; spiral search.
- Safety in the outdoors, importance of identifying escape routes.
- Identifying sensible levels of achievement to aim for.
- How to interpret weather conditions and apply to your journey.
- Rights of Way; Countryside Code.
- Correct clothing and equipment for your journey.
- Night navigation
- Use of the GPS can be covered on request.

Tuition: Indoor tuition and outdoor short walk in region of 8km per day.

Terrain: Semi rough and rough open hills, fells or moorland.

Kit Required: Map and compass provided. Please bring suitable outdoor clothing, a kit list will be issued with your joining instructions.

Accommodation: Accommodation in the area will be issued with your joining instructions.

Locations
Dartmoor – Princetown or Bellever,
New Forest – Brockenhurst or Lymington
North Wales – Snowdonia:- Betws-y-Coed
Peak District – High Peak area:- Hathersage, Castleton or Edale
South Wales – Brecon Beacons, Black Mountains